

ROARING 20S MEETS MODERN COOL. YOUR INSIDER GUIDE TO W MINNEAPOLIS - THE FOSHAY

Welcome to W Minneapolis-The Foshay. We're glad you've chosen to spend some time with us for your summer escape. Whether you're visiting for work or play, we've got you covered with the coolest locals-only tips to maximize your stay.



UP DOWN ARCADE

3012 LYNDALE AVE
MINNEAPOLIS MN 55408

Up Down, the hotly anticipated nostalgic Uptown arcade bar is now open. This 21+ arcade has more than just classic games. You will find more than 60 beers on tap, lots of space for mingling, and a great selection of fast-casual fare. All games cost just 25 cents.

INSIDER TIP Not in the mood to play games on a computer screen? Head out to their patio, where you will find life-size Jenga and Connect Four.



DOOMTREE AT SOCIABLE CIDER WERKS

1500 FILLMORE STREET NE
MINNEAPOLIS MN 55413

Don't miss one of the best collaborations of the summer, showcasing two Minneapolis originals. Underground hip-hop

collective, Doomtree, will be pairing up with Sociable Cider on July 10th for a night of music, drinks, and food trucks. This concert has no cover charge if you register for a ticket in advance.

INSIDER TIP Beat the crowd. Consider biking to this event in order to avoid the traffic! There will be plenty of space to lock up your bike, and very limited parking for vehicles.



ALCHEMY FITNESS

249 9TH AVE NORTH
MINNEAPOLIS MN 55401

Alchemy is group fitness transformed. Drawing from yoga, strength, and high intensity exercise to provide an unmatched workout experience. They offer a complete program - customizable to anyone's fitness goals. DETOX. RETOX. REPEAT

INSIDER TIP If you're hesitant to check out this fitness center, they offer a free week for all MN residents. What are you waiting for?

**NEED MORE TIPS?
GET IN TOUCH.**

LISA HEATH

821 MARQUETTE AVE
LISA.HEATH@WHOTELS.COM



DISNEY'S THE LION KING ORPHEUM THEATRE

910 HENNEPIN AVE
MINNEAPOLIS MN 55402

Based on the 1994 animated film, the Julie Taymor-designed musical made its 1997 premiere here in Minneapolis before embarking for a history-making run on Broadway and around the globe. Currently, The Lion King reigns as the third-longest-running show in Broadway history and — after factoring in the innumerable stagings around the world — the highest-grossing musical of all time.

INSIDER TIP The Library Bar at Marin is a perfect place to catch a pre-show cocktail and small bite.

